## DISHES AND THEIR ALLERGEN CONTENT LIGHT LUNCH

| DISHES                  |        |                                 |             |              |              | Lupin<br>Flour | Milk         |         | MUSTARD      |      |         |                 | ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ | Beer               |
|-------------------------|--------|---------------------------------|-------------|--------------|--------------|----------------|--------------|---------|--------------|------|---------|-----------------|--|--------------------|
|                         | Celery | Cereals<br>containing<br>gluten | Crustaceans | Eggs         | Fish         | Lupin          | Milk         | Mollusc | Mustard      | Nuts | Peanuts | Sesame<br>seeds | Soya                                   | Sulphur<br>Dioxide |
| Soup                    |        | $\checkmark$                    |             |              |              |                | $\checkmark$ |         |              |      |         |                 |  |                    |
| Egg Sandwich            |        | $\checkmark$                    |             | $\checkmark$ |              |                | $\checkmark$ |         |              |      |         |                 | $\checkmark$                           |                    |
| Cheese Sandwich         |        | $\checkmark$                    |             | $\checkmark$ |              |                | $\checkmark$ |         |              |      |         |                 | $\checkmark$                           | $\checkmark$       |
| Ham Sandwich            |        | $\checkmark$                    |             | $\checkmark$ |              |                | $\checkmark$ |         | $\checkmark$ |      |         |                 | $\checkmark$                           |                    |
| Tuna Sandwich           |        | $\checkmark$                    |             | $\checkmark$ | $\checkmark$ |                | $\checkmark$ |         |              |      |         |                 | $\checkmark$                           |                    |
| Margherita Pizza        |        | ✓                               |             |              |              |                | $\checkmark$ |         |              |      |         |                 |  |                    |
| Pepperoni Pizza         |        | ✓                               |             |              |              |                | $\checkmark$ |         |              |      |         |                 |  |                    |
| Ham & Mushroom<br>Pizza |        | ✓                               |             |              |              |                | $\checkmark$ |         |              |      |         |                 |  |                    |
| Haddock Fillet          |        | ✓                               |             | $\checkmark$ | $\checkmark$ |                |              |         |              |      |         |                 |  | $\checkmark$       |
| Beef Burger             |        | $\checkmark$                    |             | $\checkmark$ |              |                | $\checkmark$ |         | $\checkmark$ |      |         |                 | $\checkmark$                           |                    |
| Chicken Salad           |        | $\checkmark$                    |             | $\checkmark$ | $\checkmark$ |                | $\checkmark$ |         | $\checkmark$ |      |         |                 | $\checkmark$                           |                    |

| Vegetarian Salad       |              | $\checkmark$ | $\checkmark$ | $\checkmark$ |   |     |     | $\checkmark$ |              |
|------------------------|--------------|--------------|--------------|--------------|---|-----|-----|--------------|--------------|
| Halloumi Burger        |              | $\checkmark$ | $\checkmark$ | $\checkmark$ | • |     |     | $\checkmark$ |              |
| Baileys<br>Cheesecake  |              | $\checkmark$ | $\checkmark$ | $\checkmark$ |   | may | may | $\checkmark$ | $\checkmark$ |
| Chocolate Mousse       |              | $\checkmark$ | $\checkmark$ | $\checkmark$ |   | may | may | $\checkmark$ |              |
| Crème Brulee           |              | $\checkmark$ | $\checkmark$ | $\checkmark$ |   | may | may |              |              |
| Cheese Plate           | $\checkmark$ | $\checkmark$ |              | $\checkmark$ |   |     |     |              |              |
| Ice Creams             |              |              |              | $\checkmark$ |   |     |     | $\checkmark$ |              |
| Sorbets                |              |              |              |              |   |     |     |              |              |
| Fruit Salad            |              |              |              |              |   |     |     |              |              |
| Chunky Chips           |              | $\checkmark$ |              |              |   |     |     |              |              |
| French Fries           |              | $\checkmark$ |              |              |   |     |     |              |              |
| Onion Rings            |              | $\checkmark$ |              |              |   |     |     |              |              |
| Seasonal<br>Vegetables |              |              |              |              |   |     |     |              |              |
| Cheesy Garlic<br>Bread |              | $\checkmark$ |              | $\checkmark$ |   |     |     |              |              |

| Side Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
|------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|

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Reviewed by: Chef



You can find this template, including more information at www.food.gov.uk/allergy